

RESUME/CURRICULUM VITAE  
**PATRICK QUILLIN, PhD, RD, CNS, FACN**  
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**SUMMARY:** Dr. Patrick Quillin is an internationally recognized expert in the area of nutrition and cancer. He has 47 years experience as a clinical nutritionist, of which 10 years were spent as the Vice President of Nutrition for Cancer Treatment Centers of America where he worked with thousands of cancer patients in a hospital setting.

He has earned his bachelor's, master's, and doctorate degrees in nutrition and is a registered and licensed dietitian (RD & LD), Certified Nutrition Specialist (CNS), and Fellow of the American College of Nutrition (FACN). He has appeared on over 40 television and 250 radio shows nationwide and is a regular speaker for medical and trade conventions, including keynote speaker at the Truth About Cancer seminar 2017, ACAM, A4M, American Association of Naturopathic Physicians, Integrative Medicine, University of Miami Integrative Health, International and American Association of Clinical Nutritionists. He has been a consultant to the National Institutes of Health, U.S. Army Breast Cancer Research Group, Scripps Clinic, La Costa Spa, and United States Department of Agriculture; taught college nutrition for 9 years, and worked as a hospital dietitian. He obtained an Investigative New Drug number (48,676) from the Food and Drug Administration in September of 1995 to conduct research on bovine cartilage in advanced cancer patients. His 17 books have sold over 2 million copies and include the best sellers HEALING NUTRIENTS and BEATING CANCER WITH NUTRITION (now translated into 5 languages). He edited the textbook, ADJUVANT NUTRITION IN CANCER TREATMENT and organized the 1st, 2nd, and 3rd international symposia on "Adjuvant Nutrition in Cancer Treatment. He holds 2 patents (5,326,032 and 6,899,903) and is an active gardener with his 60 fruit trees on 1/3 acre in southern California. He entertains weekly at local restaurants in the San Diego area with guitar, piano and singing and is actively pursuing ballroom dancing.

**CURRENT & RECENT POSITIONS:**

1993-present, CEO, Nutrition Times Press, Inc, Carlsbad, CA

1993-present, CEO, American Eagle Nutrition, Inc., Carlsbad, CA

2001-2007, clinical nutritionist, Center for Advanced Medicine, Encinitas, California

1990-2000, Director of Nutrition, Cancer Treatment Centers of America, Chicago, Tulsa, Seattle

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**Published Works**

**Books:**

- BEATING CANCER WITH NUTRITION, Nutrition Times Press, 2020; now translated into Japanese, Chinese, Korean
- 12 Keys to Healthier Cancer Patient, Nutrition Times Press, 2019
- THE DIABETES IMPROVEMENT PROGRAM, Leader Co., N.Canton, OH, 1999
- HEALING SECRETS FROM THE BIBLE, Nutrition Times Press, Tulsa, 1996
- HONEY, GARLIC & VINEGAR, Leader Co., N. Canton, OH, 1996
- ADJUVANT NUTRITION IN CANCER TREATMENT, Cancer Treatment Research Foundation, Arlington Heights, IL, 1994
- THE WISDOM OF AMISH FOLK MEDICINE, Leader Co., N.Canton, OH, 1993
- SAFE EATING, M.Evans, NY, 1990
- THE LA COSTA BOOK OF NUTRITION, Pharos Books, New York, 1988
- HEALING NUTRIENTS, Contemporary Books, Chicago, 1987, in paperback by Random House, NY, 1988
- THE LA COSTA PRESCRIPTION FOR LONGER LIFE, Ballantine Books, NY, 1985

**Chapter:**

"The Nutritional Support of Surgical Recovery", Hetter (ed.), THE THEORY AND PRACTICE OF BLUNT SUCTION LIPECTOMY, Little Brown, and Co., Boston, MA 1984

**Journal:**

- Quillin, Nutrition Science News, vol.2, no.9, p.456, Sept.1997
- Quillin, Alternative & Complementary Therapies, vol.1, no.5, p.273, Sept.1995
- Quillin, American Journal of Natural Medicine, p.8, June 1995
- Quillin, J. of Advancement in Medicine, vol.8, no.3, p.177, Fall 1995
- Quillin, J. of Applied Nutrition, vol. 39, no.2, p.65, 1987

**Education**

- Ph.D.**, Doctorate in Philosophy, Nutrition Education. Kensington University (at that time approved by the State of California Department of Education to issue university degrees), Glendale, CA. (1979-81)
- M.S.**, Master of Science, Applied Human Nutrition. Northern Illinois University, DeKalb, IL. (1978-79)
- B.A.**, Bachelor of Arts, Foods and Nutrition (honors). San Diego State University, San Diego, CA. (1975-77)

-University of Notre Dame, premedicine, Notre Dame, IN. (1969-71)  
-Princeton High School, Princeton, IL 1969, Illinois Merit Scholar, upper 1% of those taking ACT test

### **Professional License**

Registered Dietician (R529351) with the American Dietetic Association, Chicago, IL. (1979 to present)  
Licensed Dietitian (LD 729) with Oklahoma State Board of Medical Licensure (1992 to present)  
Certified Nutrition Specialist with American College of Nutrition (Mar.1994 to present)

### **Continuing Education:**

Since 1979, Quillin has accrued at least 15 hours per year in continuing education, including ACAM, Scripps Clinic conference on "natural supplements: an evidence based approach", Institute of Functional Medicine "cancer as a chronic disease", and many comparable graduate level courses

### **Professional Memberships**

-American College of Nutrition  
-New York Academy of Sciences  
-American Institute of Cancer Research  
-International Association of Vitamins and Nutritional Oncology  
-International Academy of Preventive Medicine

### **Other Professional Honors**

-earned a Investigative New Drug number (48,676) from the Food and Drug Administration in September of 1995 to research the use of bovine cartilage as sole therapy in advanced refractory cancer patients  
-Grant Reviewer, U.S. Army Breast Cancer Research Project, Alexandria, VA, Sept.1996  
-Grant reviewer, National Institutes of Health, Office of Alternative Medicine, Bethesda, July 1993  
-Organized 3 annual symposia "Adjuvant Nutrition in Cancer Treatment", Nov.6-7, 1992, Tulsa, OK; and Mar.17-19, 1994, San Diego, CA, Sept.28-30, 1995 in Tampa, FL  
-Nutritional Consultant to the International Advisory Board of the Lipoplasty Society of North America (1988-90)  
-Commendation for the Illinois Senate, resolution #408, June 29, 1985  
-Lifetime Community College Teaching Credential from the State of California (1979)  
-Licensed to Provide Continuing Education to Registered Nurses in the State of California: BRN 04716 (1982-89)  
-Trained at University of California, Los Angeles to directly access files in the National Library of

Medicine via computer modem, Medlars, Medline, Bethesda, MD (1983 to present)  
-Toastmasters International member for 2 years, winner of two club contests

### **Faculty Appointments**

**Adjunct Professor of Nutrition**, School of Education, National University, Vista, CA (1983-89)  
Master's degree program in Nutrition, Behavior, and Learning. Classes taught: Biological Correlates of Development, Nutrition through the Life Cycle I, Nutrition through the Life Cycle II, Developmental Neurobiology and Mechanisms of Behavior: Nutrition, Hyperactivity, Allergic Syndrome and Learning Competence; Biological Basis for Crime, Delinquency, and Mental Dysfunctions

**Lecturer in Department of Family Studies**, San Diego State University, San Diego, CA (1979-81)

Classes taught: Nutrition (for nutrition, nursing, and pre-professional majors), Nutritional Aspects of Human Physical and Athletic Performance

**Lecturer in Foods and Nutrition**, Mesa College, San Diego, CA (1979-83)

Classes taught: Fundamentals of Human Nutrition, Advanced Human Nutrition, Nutrition and Weight Control

**Lecturer in Foods and Nutrition**, Southwestern College, Chula Vista, CA (1979-83)

Classes taught: Fundamentals of Human Nutrition, Advanced Human Nutrition, Nutrition in Human Development, Food Sanitation Credential class for restaurant owners

### **Media Appearances**

#### **Television**

Dr. Richard Becker "Your Health", 1999, 2001, 2003,2005,2007  
Doug Kaufman,"Know the cause", 1999, 2002, 2009  
Milwaukee News, Milwaukee, WS, Sept.1999  
Sun Up, Wichita, KS, August 1999  
TV Food Network, NYC, August 1996  
WGN, Chicago, IL, October 1995  
Doctor to Doctor, Trinity Broadcasting, September 1995  
Praise the Lord, Trinity Broadcasting, international satellite, March 1995  
Washington DC, WUSA Superstation, NBC affiliate, Feb. 1994  
America's Talking Cable Network, New York, 4 appearances in 1994 & 1995  
Lifetime Magazine, National broadcast, Aug.1994  
Nationwide cable with Jamie Farr "Alive & Well" (1/86)  
KHJ-TV Los Angeles, (5/89)

KGO-TV San Francisco (5/89)  
Omnibus cable Boston (5/89)  
WTVT-TV Tampa (5/89), WTSP-TV Tampa (5/89)  
Six times on KFMB-TV San Diego  
3 times on LeSea Broadcasting, national, South Bend,  
IN (6/90, 5/96, 9/97)  
11 times on local Tulsa television (channels 2, 6, 8, 23,  
47), 1990-95

### **Radio**

Over 250 radio shows, including National Public Radio  
and many nationwide syndicated programs, such as Dr.  
Robert Atkins, Prescription for Health, and many  
others.

### **Newspaper:**

15 newspaper articles, including Los Angeles Times.

### **Pamphlets:**

-Quillin, "Vitamins, Aging, & Health", Leader Co.,  
Canton, OH, 1990  
-Quillin, "Healing Foods for Your Heart", Leader Co.,  
1990

-Quillin, THE NUTRITION ENCYCLOPEDIA,  
Nutrex Enterprises, San Diego, CA 1984; now  
distributed by Bronson Pharmaceuticals, one of the  
largest vitamin firms in the USA

### **Magazines:**

-Choices, Seattle  
    "Why Cancer Will Soon Be the Number One  
Killer", vol.4, no.3, Mar.1993  
-Health Counselor, Green Bay, WI  
    "Traditional cancer therapies are not enough",  
vol.4, no.4, May 1992  
    "Alternative cancer treatment", vol.4, no.5,  
July 1992  
    "Comprehensive cancer treatment", vol.4,  
no.6, Sept.1992  
    "Bovine cartilage", vol.8, no.3, Feb.1996  
    "Melatonin", vol.8, no.5, Oct.1996  
-Bestways, Carson City, NV,  
    "Losing It All for Good", September 1982  
    "Chromium", May 1982  
    "Processed Fats", March 1982  
-Inspiration Press, Tulsa, OK, monthly publication for  
Christian community  
    columns in March, April, May 1992 issues

### **Videos:**

-"Kitchen Health Tips", with Patrick Quillin & Noreen  
Quillin, 56 minutes, Nutrition Times Press, Inc. 1997  
-"Nutrition & Cancer", Quillin as author, producer,  
director; copyright Cancer Treatment Centers of  
America, 1990  
-"Full Spectrum Cancer Treatment", Quillin as author,  
producer, director; copyright Cancer Treatment Centers  
of America, 1991

### **Other Professional Experience**

**Consultant** and grant reviewer to the National  
Institutes of Health, Office of Alternative Medicine,  
Bethesda, MD 1995

**Consultant** and grant reviewer to the United  
States Army Breast Cancer Research project, Bethesda,  
MD 1996

**Consultant** to American International  
Hospital, Zion, IL (1989-90), an affiliate of Cancer  
Treatment Centers of Tulsa.

**Co-editor** of the Nutrition Times, (1986-88),  
San Diego, CA, a monthly newsletter providing  
continuing education for licensed health care  
professionals, including MD, RD, DO, RN.

**Consultant** to Surgi-Vite, Inc., Las Vegas, NV  
(1988-90). Design a broad spectrum vitamin and  
mineral supplement for surgical recovery. Write and  
design all educational pamphlets and brochures to  
accompany product. Assist in marketing and  
promotion.

**Lecturer** with Nutrition Dimension, San  
Diego, CA (1986-88). Present 6 hour (1 day) lectures  
on the subject of nutrition for licensed health care  
professionals. Continuing education units are earned  
for seminar participants. 53 seminars presented  
throughout California.

**Consultant** to the La Costa Hotel and Spa,  
Carlsbad, CA, (1983-89). Deliver weekly lectures to  
spa guests on the functions of nutrients in the human  
body. Evaluate and select a computer diet analysis  
program to assess diets of the guests.

**Consultant** to Scripps Clinic and Research  
Foundation, LaJolla, CA (1981-83). Design the  
nutritional component of the Executive Fitness  
Program for the Department of Preventive Medicine  
(Gary Scherer, director). Orchestrate regular nutrition  
conferences for the public. Design and deliver a series  
of nutrition classes for the public. Write a nutrition  
booklet for Scripps patients and guests.

**Consultant** to Wealth Formulas International,  
Grand Terrace, CA (1982-83). Design a nutrition  
product and program surrounding this product to allow  
safe weight loss. Deliver lectures and write material to  
explain the program and product.

**Consultant** to United Consumer's Club,  
Merrillville, IN, (1983-84). Design a broad spectrum  
vitamin and mineral supplement formula to be  
marketed nationwide by an established firm. Write  
promotional brochures. Speak to professional and lay  
groups on the product.

**Consultant** to Tomorrow's Nutrition  
Technology, Carlsbad, CA (1982-83). Design a broad  
spectrum vitamin and mineral supplement formula

based upon lifestyle risk factors. Write promotional brochures. Speak to professional and lay groups on the product.

**Consultant** to Northwestern Illinois Association, DeKalb, IL, (1978-79). Using funds provided by the United States Department of Agriculture, develop and conduct nutrition workshops for teachers. Explain the relevance of nutrition to growth, development, and intellectual performance and how to incorporate this knowledge into a classroom setting. Gather resource library of relevant books and audio-visual material.

**Hospital Dietician** (combined work/study program for RD eligibility), Mercy Center, Aurora, IL, (1978-79). Check patient's menus for nutritional adequacy. Employee and food service management.

**Weight Control Nutritionist**, Sportsworld Ltd., San Diego, CA, (1977). Teach nutrition classes to a summer camp of overweight youth (ages 8-21). Design daily diets.

#### **Public Lectures (a sample of the more than 200 major speeches presented)**

-Adjuvant nutrition in cancer treatment, American College for the Advancement of Medicine, San Diego 1994, Long Beach 2001, Washington 2003  
-International and American Association of Clinical Nutritionists (IAACN) conference speaker Orlando, FL 2003  
-Adjuvant Nutrition in Cancer Treatment, Association of Community Cancer Centers, Long Beach, CA, Sept. 1999  
-Supportive Nutrition in Oncology, American College for Advancement of Medicine, Ft. Lauderdale, FL, May 1997  
-Nutritional Oncology, American Association of Naturopathic Physicians, Portland, OR, Aug. 1998  
-Clinical Applications of Natural Medicine, Chicago, IL September 1997  
-Keynote speaker, Applications of Clinical Nutrition, CME conference sponsored by Bodywise International, Washington, DC September 1997  
-University of California at Irvine, International Conference on Nutrition and Cancer, Newport Beach, CA, July, 1997  
-University of Southern California conference on complementary medicine, Santa Monica, CA, May 1997  
-Cancer Control Society, 3 times, 1993, 1995, 1997, Pasadena, CA  
-invited professor & grand rounds expert, National College of Naturopathy (America's oldest accredited college of naturopathy), Portland, OR, April 1997

-invited professor & grand rounds expert, Bastyr University of Naturopathy, Seattle, WA, Apr. 1997  
-Hawaii Christian Leadership week, 3 times, Feb. 1996, Feb. 1995, Feb. 1993  
-Keynote speaker, International Association of Cancer Victors, Ft. Lauderdale, FL, March 1997  
-Keynote speaker, Natural Products Expo, March 1996 in Anaheim, & October 1996 in Baltimore  
-Orthomolecular Medical Conference, Toronto, Canada (4/95)  
-"Nutrition and cancer treatment", Cancer Therapeutics, University of Colorado, Denver, 9/94  
-"Nutrition and cancer--opportunities in wellness", National Wellness Conf, Stevens Pt WI (7/94)  
-"Nutrition in cancer treatment", Orange County Dietetics Association, Santa Ana, CA (1/94)  
-"Nutrition in Cancer Prevention & Treatment", Natural Products Expo East, Baltimore, MD (9/93)  
-"Adjuvant Nutrition in Cancer Treatment", Continuing Education Medical Staff Meeting, Sierra Medical Center, El Paso, TX (5/93)  
-"Yin & Yang of Anti-oxidants & Pro-oxidants", International Bio-Oxidative Medical Association, Reston, VA (4/93)  
-"Nutritional Support of Surgical Recovery" presented to the Lipoplasty Society of North America in Toronto (10/88) and San Diego (2/89)  
-"Nutritional Intervention for the Headache Patient", presented to optometrists at the Optifair, Anaheim, CA, Sept. 1987  
-International Conference of Plastic and Reconstructive Surgeons, Las Vegas, NV, October 1984  
-North American Conference of Plastic and Reconstructive Surgeons, Coronado Island, CA, January 1984  
-Scripps Clinic and Research Foundation, LaJolla, CA: Nutritional Considerations for the Older Adult (4/82); Special Nutritional Considerations for the Older Adult, April (4/82); Special Nutritional Considerations for Children (3/82); Special Nutritional Considerations for Women (1/82); Nutrition and the Superactive Individual, (1/81); Malnutrition in the Land of Plenty (1/81); Prudent Nutrition (10/80)  
-Illinois Chiropractic Society Annual Convention, Chicago, IL (3/81 & 3/89)

#### **Dissertations**

-Variations in Human Blood Glucose (Ph.D.), 1981  
-The Development of a Nutritionally Oriented Teaching Game to be Used in a Coordinated Nutrition Education Program (M.S.), 1979

#### **Patents**

-Low splash steady state waterfall, U.S. Patent #  
5,326,032 issued July 5, 1994  
-Sinus Cleanser, a homeopathic nasal wash, U.S.  
Patent# 6,899,903, issued May 31, 2005

**Personal Data**

Date and Place of Birth: May 29, 1951, Ottawa, IL  
6'3", 175 lb, 13% body fat, excellent health

Citizenship: U.S.

Special interests include: biking, swimming, running,  
basketball, hiking, camping, chess, photography,  
Spanish, guitar, piano, music (album of 12 original  
songs "Heroes" released in July 1999, Escape Velocity  
released July 2003), composing, woodcraft, wood  
carving, gardening.

**References available upon request.**